45TH ANNUAL RESCUE COLLEGE

EMS CONTINUING EDUCATION,
TECHNICAL RESCUE, KIDS CAMP,
AND LEADERSHIP/MANAGEMENT CLASSES

LOCATION: THE INN AT VIRGINIA TECH, BLACKSBURG, VIRGINIA

JUNE 12-21, 2020

FOR MORE INFORMATION VISIT VAVRS.COM
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Join Us

VIRGINIA BEACH CONVENTION CENTER
SEPTEMBER 23-27, 2020

FOR MORE INFO VISIT:
FIRSTRESPONDERVERA.COM

SPONSORED BY:

Discount room rates have been secured at the Inn at Virginia Tech Skelton Conference Center for all participants needing housing during Rescue College. Students are responsible for securing their own accommodations. When making your room reservations, please state that you will be attending the VAVRS Rescue College to receive the discounted room rate. All reservations will be made directly through the Inn at Virginia Tech. Discounts are not available with online reservations.

The Inn at Virginia Tech Skelton Conference Center
540-231-8000

Affordable breakfast, lunch buffets, dinner specials and entertainment will be available daily at the hotel restaurant and sports lounge.

Additional Lodging:
► Hilton Garden Inn, 900 Plantation Rd, Blacksburg, VA 24060 540-552-5505
► Holiday Inn Express & Suites, 1020 Plantation Rd., Blacksburg, VA 24060 540-552-5636
  (located 1/2 block from The Inn)
► Courtyard Marriott, 105 S. Park Dr., Blacksburg, VA 24060 540-552-5222
  (located 1 mile from The Inn)
► Hyatt Place Blacksburg/University 650 University Blvd, Blacksburg, VA 24060 540-552-7500
  Hotel rates/tax comparable to The Inn

Early registration is recommended.
REGISTRATION

Students will be required to pick up their registration packet prior to attending classes. Registration will be set up daily in the Drillfield Room located at the top of the steps of the second floor. Registration will open daily.

SCHEDULE

Rescue College will be Friday June 12th, 2020 through Sunday June 21th, 2020. Class schedules will vary. The following social events will take place during the week:

► Wednesday, June 17th at 6pm

**Christiansburg Rescue Squad Social**

190 Depot Street NW, Christiansburg, Virginia

► Friday, June 19th at 6pm

**Rescue College Annual Cook Out**

The Inn at Virginia Tech/Skelton Conference Center, Blacksburg Virginia

Inside or Outside, Weather depending

All classroom and practical sessions are for enrolled students only. Non-registered participants will not be allowed in classrooms or practical training areas. ID tags will be checked by instructors.
DATES TO REMEMBER

INSTRUCTOR PRETEST DEADLINE:  
MAY 1, 2020

REGISTRATION DEADLINE:  
MAY 15, 2020

CANCELLATION DEADLINE:  
MAY 22, 2020

FEES

Registration Fee for VAVRS Members  $50.00

VAVRS Members Cost for Classes:
Stabilization University, ACLS, AMLS, GEMS, PALS, PEPP,  $50.00
PHTLS, TCCC, Lectures as noted.

Kids Camp  $25.00

Non VAVRS Member Fee for Stabilization University ACLS,  
AMLS, GEMS, PALS, PEPP, PHTLS, TCCC, Lectures as noted.  
First Class $400.00
Second Class $350.00

Non VAVRS Member Fee for VAVRS Classes  
One Day Classes $200.00
Two or More Day Classes $250.00

FEES ARE NON-REFUNDABLE FOR ANY REASON AFTER JUNE 1, 2020

Please make all checks payable to VAVRS

All Payments must be submitted prior to June 1, 2020

VAVRS reserves the right to cancel any classes that do not meet a minimum enrollment.
The VAVRS will be offering 16 hours of continuing education classes. These are Category 1 required topics for the purpose of recertification for providers of all levels. We will be offering three days of CE classes. Participants can choose to take all 24 hours, a day, a half day, or two half days.

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Prehospital Trauma Life Support (PHTLS) courses are nationally recognized continuing education programs for prehospital emergency health care professionals that bring the care of the trauma patient into a single focus.

PHTLS courses provide a prehospital trauma care philosophy, stressing the need to treat the multisystem trauma patient as a unique entity with specific needs. This may require an approach to the trauma patient that varies from traditional treatment modalities.

PHTLS courses are based on the Advanced Trauma Life Support (ATLS), a course for physicians developed by the American College of Surgeons-Committee on Trauma. More importantly, PHTLS courses follow the principles of care of trauma patients as developed by the Committee on Trauma. MAXIMUM of 25. Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR BLS AND ALS PROVIDERS, NURSES OR EQUIVALENT. Ages 16 and up.**

8:00am—5:00pm Tuesday, June 16th
8:00am—5:00pm Wednesday, June 17th

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The AHA Advanced Cardiovascular Life Support course is totally redesigned for healthcare providers who either direct or participate in the resuscitation of a patient, whether in or out of hospital. Through the ACLS course, providers will enhance their skills in the treatment of the adult victim of a cardiac arrest or other cardiopulmonary emergencies. ACLS emphasizes the importance of basic life support CPR to patient survival; the integration of effective basic life support with advanced cardiovascular life support interventions; and the importance of effective team interaction and communication during resuscitation. ACLS is based on simulated clinical scenarios that encourage active, hands-on participation through learning stations where students will practice essential skills individually, as part of a team and as team leader. Realistic simulations reinforce the following key concepts: proficiency in basic life support care, recognizing and initiating early management of pre-arrest conditions; managing cardiac arrest, identifying and treating ischemic chest pain and acute coronary syndromes, recognizing other life-threatening clinical situations (such as stroke) and providing initial care, ACLS algorithms, and effective resuscitation team dynamics. ACLS is appropriate for paramedics, pediatricians, house staff, physicians, respiratory therapists. **MAXIMUM of 25.** Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR INTERMEDIATE, PARAMEDIC OR NURSING EQUIVALENT. Ages 18 and up.**

8:00am—5:00pm Sunday June 14th
8:00am—5:00pm Monday June 15th
The goal of the PALS course is to provide the student with: Information needed to recognize infants and children at risk for cardiopulmonary arrest, information and strategies needed to prevent cardiopulmonary arrest in infants and children and the cognitive and psychomotor skills needed to resuscitate and stabilize infants and children in respiratory failure, shock or cardiopulmonary arrest. PALS is based on simulated clinical scenarios that encourage active, hands-on participation through learning stations where students will practice essential skills individually, as part of a team, and as a team leader. Realistic simulations reinforce the following key concepts: proficiency in basic life support care, recognizing and initiating early management of pre-arrest conditions, managing cardiac arrest, recognizing other life-threatening clinical situations (such as respiratory distress) and providing initial care, PALS algorithms, and effective resuscitation team dynamics. PALS is appropriate for paramedics, pediatricians, house staff, physicians, respiratory therapists. **MAXIMUM of 25.** Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR INTERMEDIATE, PARAMEDIC OR NURSING EQUIVALENT. Ages 18 and up.**

6:00pm—10:00pm Friday, June 12th
8:00am—5:00pm Saturday, June 13th

**Course Fee- $50**

**EMS104**

**GERIATRIC EDUCATION FOR EMS (GEMS)**

The GEMS course is designed to address all of the special needs of the older population, including the geriatric objectives within the National Standard Curricula for EMS and for the National Registry Refresher course. The program provides basic knowledge and skills necessary to: describe the four aspects of the GEMS Diamond (geriatric, environmental, medical, social); discuss and describe the physical and social aspects of aging, independence and ageism; principles and strategies for communicating effectively with the elderly; principles for various trauma and medical emergencies; end of life care, hospice and palliative care program; assessment for abuse, documentation and reporting and who is at risk; EMS and community responsibilities for the quality of life in our older population. **MAXIMUM of 25.** Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR BLS AND ALS PROVIDERS, NURSES OR EQUIVALENT. Ages 16 and up.**

8:00am—5:00pm Saturday, June 20th

**Course Fee- $50**

**EMS105**

**ADVANCED MEDICAL LIFE SUPPORT (AMLS)**

This AMLS course is designed for all levels of healthcare providers. AMLS is the first course that offers a “think-outside-the-box” method of assessing and managing a patient in medical crisis. It emphasizes using scene size up, interactive group discussion on potential treatment strategies, history, and probabilities in diagnosing a patient's medical problem. AMLS implements an initial assessment-based approach that progresses to a diagnostic-based approach to develop a treatment plan for a specific medical condition. This 16 hour, two-day program consists of interactive lectures, teaching and evaluation stations. The interactive/case based lectures include the following topics: Patient Assessment, Airway Management, Assessment of the Shock Patient, Dyspnea/ Respiratory Failure, Chest Pain, altered Mental Status, and Abdominal Pain. Teaching stations follow the associated lectures each day. **MAXIMUM of 25.** Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR BLS AND ALS PROVIDERS, NURSES OR EQUIVALENT. Ages 18 and up.**

8:00am—5:00pm Thursday, June 18th
8:00am—5:00pm Friday, June 19th

**2 Day Program**

**Course Fee- $50**
The Tactical Combat Casualty Care Course is a “hands-on” program developed by the military for those individuals needing special tactics and training in trauma care when unique environmental conditions prolonged transport times, or other special situations exist. This course will cover CASEVAC, BEDEVAC, equipment selection and team health. There will be both classroom and scenario training including tourniquets, advanced airway techniques, thoracic and abdominal trauma and needle decompression as well as many other useful techniques. **MAXIMUM of 25.** Textbook is required for class, information will be sent with acceptance letter.

**CLASS IS FOR BLS AND ALS PROVIDERS, NURSES OR EQUIVALENT. Ages 16 and up.**

8:00am—5:00pm Friday, June 19th
8:00am—5:00pm Saturday, June 20th

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As EMS providers, we find ourselves in situations that require observation and that “BE CAREFUL WHAT YOU DISTURB” sign. This program will present “food for thought” relating to the potential or actual crime scene. Learn how you can do the best for your patient, their family, the medical examiner and for those investigating these events.

**Ages 16 and up.**

8:00am—5:00pm Thursday, June 18th

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This course meets OSHA regulations and OEMS required hours for infection control training. The class covers blood borne pathogens and airborne diseases. Do you know about OSHA regulations? Do you know how to protect your health? If not, you should attend this course.

**Ages 16 and up.**

12:30pm—4:00pm Wednesday, June 17th
This course is designed to teach you the responsibilities of the Infectious Disease Control Officer for your organization. It will cover all the tools you will need to hold this position as required by the Virginia Office of EMS for all EMS Agencies. Current certification in Infectious Disease Control Basic is required.

**Ages 18 and up.**

8:00am—5:00pm Thursday June 18th

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**EMS110**

**DESIGNATED INFECTION CONTROL OFFICER (UPDATE)**

This course is to provide the needed updated information for those individuals who are already certified as a Designated Infection Control Officer. The information will bring you up to date on what you need to know and meet the requirements to maintain your certification.

**Ages 18 and up.**

8:00am—11:30am Wednesday, June 17th

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**EMS111**

**SPORTS INJURY/SPORTS MEDICINE FOR EMS**

**Ages 16 and up.**

8:00am—5:00pm Thursday, June 18th

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**EMS112**

**DEFENSIVE TACTICS**

This course is designed to teach you how to apply techniques to keep you safe. It will cover both classroom and practical education.

**Ages 16 and up.**

8:00am—5:00pm Wednesday, June 17th
Mental Health First Aid for Fire & EMS is an 8-hour course specifically designed for Fire and EMS personnel. This course will help first responders recognize persons who are experiencing a mental health problem, obtain the knowledge how to effectively communicate with those during a crisis, understand the immediate and outreach resources available to assist those in need, learn the practical means to improve one’s own mental health, and be attentive toward the wellbeing of fellow crew members. The following disorders will be covered: Acute Anxiety/Depression, PTSD, Psychosis, Substance Use/Overdose, and Suicidal Behaviors. A very practical information and resource manual will be provided for each participant to keep. Upon completion of the class, participants will be awarded a 3-year certification as a Mental Health First-Aider (MHFA USA).

**Limited to 30 Students**

**Ages 16 and up.**

8:00am—5:00pm Saturday, June 20th

“REVIVE!” is a 2-hour Opioid Overdose training course for First Responders, developed by the Virginia Department of Behavioral Health and Developmental Services. This course is geared toward the administration of Naloxone medication (NARCAN). Participants will receive information relevant to Opioids, Addiction, Overdoses, use of Naloxone, and Overdose Reversals. This will be followed by a hands-on training session; involving the recognition of an opioid overdose medical emergency, the simulated administration of Naloxone (by means of 3-different types of delivery devices), and follow-up care for the patient. Each participant will receive a Certificate of training. Two Separate Offerings.

**Ages 16 and up.**

1:00pm –4:00pm Sunday, June 14th

“REVIVE!” is a series of Opioid Overdose training courses for First Responders and Lay Persons, which was developed by the Virginia Department of Behavioral Health and Developmental Services. This course is geared toward learning how to train others to administer Naloxone medication (NARCAN). Participants will receive up to date information about Opioids, Addiction, Overdoses, Use of Naloxone, Overdose Reversals, Class Instruction and Practical Exercises. Upon successful completion of this course, participants will be able to go out into their communities and conduct REVIVE training. Prerequisite: Experience in public safety services, the ability to effectively train others, and a genuine interest in combating opioid-related overdoses.

**Ages 16 and up.**

1:00pm –4:00pm Sunday, June 14th

Stop the Bleed is a national awareness campaign and call-to-action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Two separate offerings.

**Ages 16 and up.**

12:00pm—5:00pm Monday, June 15th (EMS116)

8:00am—12:00pm Tuesday, June 16th (EMS117)
NAEMT’s EMS Safety course teaches students how to protect themselves and their patients while on the job. It promotes a culture of safety and helps reduce the number of on-the-job fatalities and injuries. EMS Safety is the only national, comprehensive safety course for EMS practitioners. Its interactive format features real-life case studies and compelling discussions on current safety issues, and provides participants with a forum to share their own experiences. Critical thinking stations help build participants’ risk assessment and decision-making skills.

Participants are taught:

- To identify and manage the hazards that can appear during daily tasks, from offensive drivers to violent encounters to chronic stress.
- Practical strategies that they can apply in the field, from situational awareness to defensive driving to verbal deflection.
- How to strengthen their resiliency skills in order to combat both chronic and critical incident stress.

Topics covered include:

- Applying crew resource management in EMS.
- Utilizing situational awareness and defensive driving for safe emergency vehicle operations.
- Employing multi-agency pre-planning, vehicle and practitioner visibility techniques, and defensive staging practices at roadside incidents.
- Utilizing lift assist teams, lifting and moving equipment, and behavioral controls to protect both EMS practitioners and patients from injury.
- Employing situational awareness to continually assess for the potential of violence on the scene and verbal and physical techniques to deescalate potential threats.
- Practicing infection and contagion control to protect both EMS practitioners and patients from emerging threats.
- Strengthening resiliency skills to help EMS practitioners cope with daily and critical incident stress.

Ensuring personal readiness for the daily challenges and hazards of working in the field through optimal personal health. EMS Safety is offered as an 8-hour classroom course and is appropriate for all levels of EMS practitioners, other medical professionals providing prehospital patient care, and EMS supervisors and administrators. Students who successfully complete the course receive a certificate of completion and a wallet card good for 4 years. EMS Safety is accredited by CAPCE and recognized by NREMT.

**Ages 16 and up.**

8:00am—5:00pm Monday, June 15th (EMS118)

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**EMS119 SIZE MATTERS: THE BARIATRIC TRAUMA PATIENT**

Bariatric trauma patients present many challenges for healthcare providers. This class will discuss anatomic differences, special equipment requirements, and how to provide effective interventions in order to improve outcomes in this challenging patient population. (1hr)

**Ages 16 and up.**

8:00am—9:00am Tuesday, June 16th (EMS119)
This class will review basic facial anatomy and describe specific assessment and intervention strategies for patients with facial injuries. (1hr)

**Ages 16 and up.**

9:30am—10:30pm Tuesday, June 16th

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Shock is a life-threatening state of inadequate tissue perfusion. Early recognition and appropriate intervention is the key to improving outcomes in patients in shock. In this class we will break down the basics of shock, differentiate types of shock, and discuss interventions for each shock type. (2hr)

**Ages 16 and up.**

12:30pm—2:30pm Tuesday, June 16th

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Traumatic brain injury is a process and not an isolated event. In this class we will discuss the pathophysiology of traumatic brain injury and basic strategies for treatment and minimizing secondary injury to the brain. (2hr)

**Ages 16 and up.**

3:00am—5:00pm Tuesday, June 16th

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Have you ever had that Airway that just wasn’t a smooth situation? Are you a Airway superstar? Do you Just have questions or want a deeper understanding of just exactly what it is that we as Emergency Services need to do when a Airway is compromised? Then have we got the class for you!! Join us for a VERY hands on day with Basic all the way to Advanced Airway Management. In this course you will get to actually see the anatomy and see how it works by using Pig Lungs and Hearts. By using some state of the art Intubation tools and just some good ole’ basic techniques, we are here to help you expand your skill and knowledge of Airway Management.

**Ages 16 and up.**

8:00am—5:00pm Wednesday, June 17th
In Lead 2, You got no clue! Anyone that has had Bob Page’s 12 Lead class knows his catchy phrase! Ok Pigs can fly!!! Believe it or not, after years of relentless requests, Bob has developed a Basic Arrhythmia course designed to take anyone from startup to comfort in lead 2 ECG interpretation. To add to the intrigue, Bob’s wife Dusty will also present Pediatric ECG interpretation: there are differences! Participants can expect to see, hear and even dance their way to ECG rhythms recognition. This is a fun, interactive workshop that is fast paced and designed to maximize learning for all levels. By the end of the workshop, you will have read over 200 rhythms! Come for a great review, come to learn it for the first time, come to see how Bob and Dusty are going to pull this off! Come to get ideas to teach it yourself! But come to the class!

Session Objectives

- Describe the structure of the cardiac conduction system
- Describe the components of the ECG cycle
- Given a lead 2 rhythm strip, identify the waves indicating atrial and ventricular depolarization and repolarization
- Describe a process to correctly identify various rhythms for adult and pediatric patients
- Given rhythm strips, correctly identify sinus, atrial, junctional and ventricular rhythms.
- Discuss the difference between cardiac ECG monitoring and a diagnostic 12 lead ECG.

8:00am—5:00pm Friday, June 19th (EMS124)
PALS, PEPP, PITLS, APLS, PCC, NRP, PEARS, all names in the Pediatric Course library. Each one of them has their merits. What if you could take a class that highlighted the best of all courses along with some assessment techniques not seen in any of them? Interested? Come Join Bob Page and he teams up with Experienced and Dynamic Pediatric Educator Dusty Lynn-Page from the University of Virginia as they present an exciting course of hands on and interactive case studies designed to help you hone your pediatric assessment skills. Plan on spending an amazing day with two passionate educators as they explore pediatric assessment pearls and give you the feedback you need for success.

Objectives:

By the end of the session, the student will be able to

- Describe the value of an organized rapid assessment of the pediatric patient
- Describe how non invasive assessment techniques like capnography can help in the initial assessment and management of the pediatric patient.
- Describe an organized process for patient assessment of the critical and non critical pediatric patient.
- Given patient scenarios, demonstrate an organized patient assessment on a pediatric patient.

Outline:

- Rapid Emergency Pediatric Assessment (1 hour)
  - Approaching assessment
    - General impression
  - Initial Primary assessment
    - A B C D E F G
  - Secondary assessment
- Case studies (1 hour)
  - Infant
  - Child
  - Adolescent
- Capnography and non invasive assessment for kids (2 hours)
  - Review of Respiratory A and P
  - Initial assessment use
  - Non intubated use
  - Confirming tube placement
  - Ventilation and perfusion adjunct
  - ECG pulse ox and other monitors
- Critical and Trauma Patients (1-2 hours)
  - Rapid assessment of critical kids
  - Special circumstances
  - Critical findings
- Hands on scenarios and management (3-4 hours)
  - Normal child
  - Critical infant (shock)
  - Normal infant
  - Trauma critical (TBI and a Thoraco-abdominal case)
  - Trauma Minor
  - Shock (perfusion)
  - Medical Cardiac (SVT)
  - Respiratory failure
  - Special needs
- Skills review (throughout the course)
  - IO
  - Basic and advanced airway
  - Ventilation techniques
  - Applied pharmacology

8:00am—5:00pm Saturday, June 20th (EMS125)
AUXILIARY WORKSHOP

An exciting two day class for Auxiliary and support group members. Some of the items the class will explore are: How to write AVAVRS nominations for - Life Membership - Auxiliary of the Year - Outstanding Service Award. AVAVRS Officer Job Descriptions will be examined. Ideas for Auxiliary Fund-raising, Marketing and scrap booking. Local Auxiliary officer duties and communication will be presented. How to write a bylaw to be presented to the AVAVRS. There will be lots of class participation in breakout sessions. Other areas of education will be taught as time permits.

*Ages 16 and up.*

8:00am—5:00pm Friday, June 19th
8:00am—5:00pm Saturday, June 20th

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EMS LEADERSHIP CHALLENGE-SUMMIT

All organizations need effective leadership to ensure success and the EMS Leadership Challenge is designed to help you develop the skills needed to coordinate the functions of an EMS team. This 4-Phase program focuses on interpersonal, operational, self-management and technical skills enhancement. The EMS Leadership Challenge, developed by the VAVRS, is recognized by VA Office of EMS as the Gold Standard in EMS Leadership training. Candidates utilize core leadership competencies during this exciting and interactive training program. Phase One- Candidates complete an online self assessment and pre-summit reading assignment; Phase Two- Attend the EMS Leadership Summit, a two-day classroom session working with peer EMS leaders and professional leadership development consultants; Phase Three- Work with a personal mentor to complete self-study assignments; and Phase Four- Complete and present an EMS Leadership Project. This program is recommended for all EMS personnel who have the desire to develop and take their leadership skills to the highest level. VA College credits are available upon completion of the program.

*Ages 18 and up.*

8:00am—6:00pm Friday, June 19th
8:00am—6:00pm Saturday, June 20th

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PARLIAMENTARY LAW

A comprehensive review of Parliamentary Law as used in the volunteer setting. If you are a leader or wish to become a leader of your organization, this is the class for you. There will be breakout sessions with problems to solve from actual events that happen frequently. Some of the areas covered will be: the proper way of voting and counting ballots; the importance of correct minutes; leadership success; how to conduct an executive session meeting; what happens when charges are preferred against a member?; do you have a Harassment policy?; other topics will be covered to give you an overall educational experience.

*Ages 16 and up.*

8:00am—5:00pm Thursday, June 18th
This class provides an introduction to the grant writing process, offer resources, and allows students to apply basic concepts to proposal writing. This class will go through the 12 steps involved in grant writing including identifying the project, researching funding opportunities, developing a proposal and budget, submitting a letter of intent, accepting the grant, evaluating the project, and submitting the final report.

**Ages 16 and up.**

8:00AM—5:00PM Wednesday, June 17th

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This class will provide an overview to topics such as the difference between Leadership and Management, Decision Making, and Recruitment and Retention.

**Ages 16 and up.**

8:00AM—11:00AM Saturday, June 13th

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This class will explain the how a strategic plan works and how it is the road map for your agency. Students will also complete a strategic plan in class.

**Ages 16 and up.**

1:00PM—4:00PM Saturday, June 13th

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This class will go through topics such as Budgeting, Financial Policies, funding sources, and state funding.

**Ages 16 and up.**

8:00AM—11:00AM Sunday, June 14th

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Students will be introduced on using different social media products to recruit, advertise, and increase public awareness.

**Ages 16 and up.**

1:00PM—3:00PM Sunday, June 14th

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Completion of Grant Writing, Agency Management, Strategic Planning, Agency Finances, and Introduction to Social Media Marketing will earn students a **VAVRS Professional Management Certificate**.
Upon successful completion of this course, the student will be able to effectively manage EMS agency operations and administration at the first line supervisory level. Major topics covered in this course are the role of the EMS officer and an AIC or supervisor, facing compliance and accountability issues of the 21st century, recognizing and managing cultural diversity, safety/wellness, TQM, interfacing with the community and media at large, functional leadership, effective communications, incident management system(s) and managing multiple casualty incidents.

**Limited to 24 Students. Each student is required to bring a laptop and there will be homework assignments due prior to the start of the class (these will be sent after registration deadline to allow plenty of time to complete) - 2 day class Target Audience: ALS, BLS and Administrators**

**Ages 18 and up.**

8:00am—5:00pm Monday, June 15th

8:00am—5:00pm Tuesday, June 16th

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The class will focus on the importance of your bylaws, operating rules and policies, and the importance of understanding and using Robert’s Rules to manage your squad meetings. You don’t need to be an expert on Robert’s Rules to do a good job in presiding. The class will be interactive and you will have the opportunity to practice presiding – dealing with sometimes difficult issues.

**Ages 16 and up.**

8:00am—5:00pm Monday, June 15th

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Today, more than ever, members of the Board of Directors need to understand their duties as defined by law. Board members must be aware of finances, fundraising, programs, and the regulations that govern the squad. You need to understand oversight responsibilities and how to avoid personal liability when serving on the Board of the squad. Case studies will be included in the class.

**Ages 16 and up.**

8:00am—5:00pm Tuesday, June 16th
We as public safety personnel have had to change the way that we conduct our business in order to keep up with emerging trends, new equipment, and most importantly new technology. One area of technology that has been taking the world of public safety by storm is that of using UAV’s or drones to carry out the work traditionally done by humans. This presentation will provide an overview of drone operations, examples of usefulness, and some of the legal aspects one might want to know when looking at starting up a program of their own. Specific examples will be shown using pictures and video shot by one of the nation’s most advanced and longest serving public safety UAS response teams. There will be 2 opportunities to attend this presentation.

*Ages 16 and up.*

8:00am—12:00pm Saturday, June 20th (L112)

1:00pm—5:00pm Saturday, June 20th (L113)
**J100 VEHCILE RESCUE AWARENESS - JUNIOR**

Vehicle Rescue Awareness for Juniors is the VAVRS awareness class on steroids. This class will lay the framework for how extrication works and the safety of extrication. The difference with this class is in the operations version, students will be moving towards being able to experience operations on the extrication scene. There will be hands on tools and equipment. Students will need gloves, long pants, and long sleeves for this class.

*Ages 16 to 21*

8:00am—5:00pm Sunday, June 14th

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**J101 EMERGENCY VEHICLE OPERATORS- JUNIOR**

Emergency Vehicle Operators for Juniors is for students that are not able to drive emergency vehicles. This will give them an understanding of laws and concepts that help in the operations of an emergency vehicle. Students will become familiar with emergency vehicles and the dynamics of each vehicle. Students must have a valid drivers license.

*Ages 16 to 21*

08:00am—5:00pm Monday, June 15th

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**K100 RESCUE CAMP FOR YOUTH**

A fun-filled exciting program for children *ages 8 to 12*, covering basic EMS skills and rescue work. The students will participate in hands-on training, learning teamwork, and safety. Students will be exposed to several of the rescue classes being taught at the Rescue College.

08:00—5:00pm Thursday, June 18th

08:00—5:00pm Friday, June 19th

08:00—5:00pm Saturday, June 20th

*$25 Flat Fee for 1, 2, or 3 Days*

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**K101 RESCUE EXPLORERS**

A class for young adults *13 to 15 years* of age interested in learning about EMS. The program will cover basic skills and other rescue work. The students will participate in hands-on training sessions. Students will be exposed to several of the rescue classes being taught at Rescue College.

08:00—5:00pm Thursday, June 18th

08:00—5:00pm Friday, June 19th

08:00—5:00pm Saturday, June 20th

*$25 Flat Fee for 1, 2, or 3 Days*
This one-day course is designed to introduce rescue personnel who may be subject to discovering, reacting to and conducting initial operations at the scene of a hazardous chemical release. Students will be trained to recognize a potentially hazardous situation, and the appropriate steps to provide for self protection and to initiate effective response actions.

**Ages 16 and up.**

8:00am—5:00pm Thursday, June 18th

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This course is the first step for those wishing to learn rope rescue techniques. This course is designed to teach the basic rescue skills and techniques, the proper use of rescue equipment such as ladders, ropes, etc., and the correct way to rescue persons from heights above or below ground.

*This class is a prerequisite to Vertical Rescue-High Angle Operations*

**Ages 16 and up.**

8:00am—6:30pm Saturday, June 13th
8:00am—6:30pm Sunday, June 14th
8:00am—6:30pm Monday, June 15th

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This course is designed to offer basic and practical information on the application of rescue techniques from various levels above and below the ground. Emphasis will be placed upon actual rappelling, ascending, rappelled rescue, lowering systems, hauling system, stretcher rigging and all safety procedures. Additional information will be sent to each candidate after acceptance. NOTE: Candidates will be tested at the beginning of the class to prove their ability to tie certain knots. Students should be prepared for this requirement. Reference Material: *On Rope*, by Allen Padgett and Bruce Smith.

**Prerequisite(s): Basic and Light Duty Awareness and Low Angle Operations**

**Ages 16 and up.**

8:00am—6:30pm Tuesday, June 16th
8:00am—6:30pm Wednesday, June 17th
8:00am—6:30pm Thursday, June 18th
This course is the third step in the Rescue Tech series. It is designed for those wishing to learn advanced rope techniques. Students will obtain extensive hands-on experience and have classroom instruction. Emphasis will be placed on rope changeovers, rigging/operating high-lines, tripods and all safety procedures. Skills and knowledge from Basic & Light Duty Rescue-Rescue Tech Level I and Vertical Rescue-Rescue Tech Level II courses will be utilized in this course. **NOTE:** Candidates WILL BE tested at the beginning of the class on basic rigging, anchors and certain knots. Students should come prepared to demonstrate these skills.

**Prerequisite(s): Basic and Light Duty Awareness and Low Angle Operations**

**Vertical Rescue - High Angle Operations Level**

**Ages 16 and up.**

8:00am—6:30pm Friday, June 19th  
8:00am—6:30pm Saturday, June 20th  
8:00am—1:00pm Sunday, June 21th

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This program was developed to assist in education and hands-on training involving the towing of trailers. This topic includes didactical hours. You must hold current EVOC certification to take this course. A copy of your EVOC certification must accompany your application.

**Ages 18 and up.**

8:00am—5:00pm Wednesday, June 17th
Developed in cooperation with Virginia Tech’s Agricultural Engineering Department, this course stresses the safe and proper techniques of handling agriculture related accidents. This course includes machinery upsets, victims caught within large machinery, agricultural chemicals and pesticides. Actual hands-on extrication practice will be provided. This class is a prerequisite for the Farm Machinery Extrication-Advanced. Students will be required to provide their own protective gear.

**Ages 18 and up.**

8:00am—6:30pm Wednesday, June 17th

8:00am—6:30pm Thursday, June 18th

This program is offered to those who have completed Farm Machinery Extrication-Basic. The course will cover rescues from confined spaces such as silos, grain bins and various holding pits. Students must provide their own protective gear.

**Prerequisite(s):** Farm Machinery Extrication-Basic

**Basic and Light Duty Rescue- Rescue Tech Level I**

**Ages 18 and up.**

8:00am—6:30pm Friday, June 19th

8:00am—6:30pm Saturday, June 20th

This course will teach the latest skills and fundamentals of vehicle rescue. Emphasis will be placed on an orderly and efficient approach to the accident situation, safety procedures, protective equipment and use of tools. The tools will include, but will not be limited to, hand tools, power tools, hydraulic tools, and air bags. The course meets NFPA standards.

**Ages 18 and up.**

**Vehicle Rescue Awareness (T109)**

8:00am—12:00pm Sunday, June 14th  (AWARENESS ONLY)

**Vehicle Rescue Awareness and Operations (T110)**

8:00am—5:00pm Sunday, June 14th

8:00am—5:00pm Monday, June 15th
This course will offer classroom and scenario training. This course will deal with Update on air bag and stored gas inflator avoidance. Hybrid and electric vehicles and dealing with advanced metals used in new vehicles that hydraulic cutters will not cut. advanced stabilization, using specialized equipment, dealing with cars under and over other cars, cars over obstructions, cars on embankments, floor removal and tunneling, side removal and dash lifts.

**Prerequisite(s):**  Vehicle Rescue Awareness and Operations

**Ages 18 and up.**

8:00am—5:00pm Thursday, June 18th
8:00am—5:00pm Friday, June 19th  

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The School Bus Rescue program is designed to give the students a well-rounded education in the subjects of bus construction, types of buses and stabilization techniques. How to utilize equipment and resources already at their disposal, as well as recognize the resources in the community that can be readily used in School Bus Rescue. Consideration of multiple victims as well as basic and advanced rescue techniques are taught in a mix of field and classroom exercises. Students must be able to climb a ladder carrying 75 lbs.

**Prerequisite(s):**  Vehicle Rescue Awareness and Operations

**Ages 18 and up.**

8:00am—5:00pm Tuesday, June 16th
8:00am—5:00pm Wednesday, June 17th

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This course stresses the importance of pre-planning for search and rescue, search management, tactics, incident command and victim evacuation. Additional information will be sent to each registrant upon enrollment acceptance. Students will participate in a field search session.

**Ages 16 and up.**

8:00am—5:00pm Friday, June 19th
8:00am—5:00pm Saturday, June 20th
This one-day course is designed to introduce rescue personnel to different types of water related emergencies. Emphasis will be placed on safety tactics, strategy, equipment, resources and medical considerations. This is designed for the student who is interested in learning the procedures to assist during a water rescue without actually entering the water.

**Ages 16 and up.**

8:00am—5:00pm Thursday, June 18th

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This course is designed to introduce rescue personnel to water related emergencies through both classroom and practical application. Hands-on practice will be stressed with emphasis being placed on safety, strategy, equipment usage, resources for performing swift water rescue, and medical considerations.

**Prerequisite(s):** *Introduction to Swift Water Rescue Basic within the past year.*

*Students must be an average or better swimmer capable of performing a reasonably good surface dive, swim at least 250 yards fully clothed with a personal flotation device (PFD) and tread water at least 15 minutes without a PFD. MUST provide your own personal protective clothing to include: a pair of shoes (that can be worn in a pond or a river) or wet suit booties, a wet suit, a pair of scuba fins, a helmet (water rescue type), 1 pair of leather gloves, a personal flotation device (PFD) RESCUE TYPE III ONLY.*

**Ages 16 and up.**

9:00pm—Completion Thursday, June 18th (Mandatory Testing)

8:00am—7:00pm Friday, June 19th

8:00am—7:00pm Saturday, June 20th

8:00am—12:00pm Sunday, June 21th

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Special Events Vehicle and All Terrain Vehicle for EMS and Fire use. This is a 16 -hour “Best Practices” course that includes both classroom and practical exercises. Topics include: safety, Virginia law, preparing to ride, basic & advanced skills, and hands-on practical evolutions. Student must provide a vehicle for the practical evolution.

**Prerequisite(s):** *EVOC*

8:00am—5:00pm Friday, June 19th

8:00am—5:00pm Saturday, June 20th
TIMS consists of a planned and coordinated multi-disciplinary process to detect, respond to, and clear traffic incidents so that traffic flow may be restored as safely and quickly as possible. Effective TIMS reduces the duration and impacts of traffic incidents and improves the safety of motorists, crash victims and emergency responders.

**Ages 16 and up.**

12:00pm—5:00pm Monday, June 15th

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This 16 hour, two day class is certified through ASHI The American Safety and Health Institute. The class has been taught at the Virginia Office of EMS State Symposium for 9 years straight. The students are given a list of gear to pack and bring to class first day. The students are given instruction in the challenges of caring for a patient in the remote/wilderness arena. This is a place we often end up in and are not prepared. Students are taught to improvise splints, stretchers and how to move people in the woods. We discuss medical, trauma, heat and cold exposure. We discuss how rescuers need to be dressed to deal with the difficult environment. At the end of the second day the students are placed in a real life scenario that has to be evaluated, treated and packaged to be carried out to safety. The Virginia OEMS offer 16 hrs. CEU’s for the class. Each student would need to pay for the Book and the card at a cost of $60 each.

**Ages 16 and up.**

8:00am—5:00pm Wednesday, June 17th
8:00am—5:00pm Thursday, June 18th

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Learn the latest in vehicle stabilization and lifting with our patented techniques! Stabilization University is your ticket to staying knowledgeable of your Res-Q-Jack tools and keeping up-to-date on our latest techniques. Each Stabilization University starts with a short brief on our lifting theory, then moves outside to tackle realistic hands-on scenarios. Instructed by Res-Q-Jack professionals, each Stabilization University will teach you basic to advanced techniques to ensure you get the most from your equipment.

**Ages 18 and up.**

8:00am—6:00pm Saturday, June 13th
Want to become an instructor for the Virginia Association of Volunteer Rescue Squad? Have you been certified for two years and have experience? Are you motivated to pass on your knowledge? Then become an instructor. Instructor candidates will need to contact the state office to set up a pre-test to check all prerequisites are acquired prior to the pretest deadline. The VAVRS is accepting instructors in all classes.

Instructors must be at least 18 years of age. All instructor must have a current instructor credential (VAVRS, VDFP, OEMS) or have completed the VAVRS Methods of Instruction class. Instructor candidates will need a brief letter signed by their agencies Operational or Business Officer.

I100 METHODS OF INSTRUCTION
Open to anyone interested in becoming a VAVRS Instructor, this class provides skilled instruction in basic adult education processes. Students will participate in classroom scenarios as well as requirements for becoming and maintaining instructional certification with the VAVRS.

PLEASE NOTE THAT THIS COURSE IS ALSO OFFERED AT THE SPRING BOARD OF GOVERNORS MEETING WHICH WILL BE at Holiday Inn Tanglewood, Roanoke, Virginia, 24018. If other programs are offered they will be posted on the VAVRS website at www.vavrs.com.

Ages 18 and up.
8:00am—5:00pm Tuesday, June 16th
8:00am—5:00pm Wednesday, June 17th

I101 EVOC INSTRUCTOR
instructor. The EVOC is patterned after the Department of Transportation Safety’s EVOC guide. Instructor candidates must be 21 years of age, an active squad member for three years, certified in Basic EVOC for at least one year. Candidates must submit a copy of their current driver’s license as well as a copy of DMV driving record 30 days or less from the date of registrations. Must have completed National Traffic Incident Management (TIM) Responder course and submit certification.

Ages 21 and up.
8:00am—6:00pm Thursday, June 18th
8:00am—6:00pm Friday, June 19th
8:00am—6:00pm Saturday, June 20th
This course is designed for rescue personnel who have completed the Vehicle Rescue Awareness and Operations Course and who wish to progress to level of instructor. You must supply the same personal protective gear as is required for the basic program, and must hold current basic certification for 2 years.

* Ages 21 and up.

8:00am—5:00pm Sunday, June 14th  
8:00am—5:00pm Monday, June 15th  
8:00am—5:00pm Tuesday, June 16th

*The instructor classes below are held in tandem with the regularly scheduled class.*
Candidates must contact the instructor and complete any paperwork and testing prior to the start of the class.

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